

SAFETY RULES GUIDE

The safety rules below outline the main rules that fencers should follow during the sessions, and must be used as a guide. Please make sure that you do all that is necessary to keep yourself and those around you safe

1. Keep **Point** of epee **down** when not fencing
2. Keep **Point** of epee always **in sight**
3. Make sure you and opponent **wear full kit** before start
4. **Don't turn your back** to opponent
5. **Never cross** between two fencers
6. **Don't run** with epee
7. **USE COMMON SENSE**



Haverstock Fencing Club